

Overzichtslijst volgens programmanrs.

Lange baan (50m)

**Sessie 1 - vrijdag 17 juli 2026 - 08:30**

|            |                         |   |                   |    |           |                 |    |           |
|------------|-------------------------|---|-------------------|----|-----------|-----------------|----|-----------|
| Prog.nr. 1 | 200 vrije slag Dames    | : | Decupere Laurence | 12 | 2:20.39 L | Vervenne Louisa | 13 | 2:25.53 S |
|            |                         |   | Rombaut Céline    | 12 | 2:24.21 S | Zephirin Astrid | 13 | 2:26.59 S |
|            |                         |   | Spillebeen Jutta  | 12 | 2:22.83 S |                 |    |           |
| Prog.nr. 2 | 200 rugslag Heren       | : | De Bal Lucas      | 12 | 2:31.55 S | Vandemaele Egon | 13 | 2:37.72 L |
| Prog.nr. 4 | 100 rugslag Heren       | : | Goemaere Cyriel   | 14 | 1:17.21 L |                 |    |           |
| Prog.nr. 5 | 100 vlinderslag Dames   | : | Spillebeen Jutta  | 12 | 1:13.74 L |                 |    |           |
| Prog.nr. 6 | 400 wisselslag Heren    | : | Piceu Seppe       | 12 | 5:12.21 L |                 |    |           |
| Prog.nr. 8 | 4 x 100 wisselslag Alle | : | KZK Gemengd 1     |    |           | 13-14           |    | NT        |

**Sessie 2 - vrijdag 17 juli 2026 - 14:30**

|             |                         |   |                   |    |           |                 |    |           |
|-------------|-------------------------|---|-------------------|----|-----------|-----------------|----|-----------|
| Prog.nr. 9  | 400 wisselslag Dames    | : | Rombaut Céline    | 12 | 5:49.96 L |                 |    |           |
| Prog.nr. 10 | 200 vrije slag Heren    | : | De Bal Lucas      | 12 | 2:16.08 L | Vandemaele Egon | 13 | 2:21.06 L |
|             |                         |   | Olszewski Maxime  | 12 | 2:15.35 S | Vanneste Daan   | 12 | 2:17.13 S |
| Prog.nr. 12 | 400 vrije slag Heren    | : | Goemaere Cyriel   | 14 | 5:13.71 L |                 |    |           |
| Prog.nr. 13 | 100 rugslag Dames       | : | Decupere Laurence | 12 | 1:16.44 L | Vervenne Louisa | 13 | 1:17.30 S |
|             |                         |   | Dumortier Elise   | 13 | 1:18.35 S | Zephirin Astrid | 13 | 1:17.57 S |
| Prog.nr. 14 | 100 vlinderslag Heren   | : | Piceu Seppe       | 12 | 1:04.79 L | Vanneste Daan   | 12 | 1:08.94 S |
| Prog.nr. 15 | 4 x 100 vrije slag Alle | : | KZK Dames 2       |    |           | 13-14           |    | NT        |

**Sessie 3 - zaterdag 18 juli 2026 - 08:30**

|             |                       |   |                   |    |            |                  |    |           |
|-------------|-----------------------|---|-------------------|----|------------|------------------|----|-----------|
| Prog.nr. 17 | 400 vrije slag Dames  | : | Decupere Laurence | 12 | 4:57.07 L  | Zephirin Astrid  | 13 | 5:04.53 S |
|             |                       |   | Rombaut Céline    | 12 | 5:02.93 S  |                  |    |           |
| Prog.nr. 18 | 200 schoolslag Heren  | : | Piceu Seppe       | 12 | 2:53.81 L  | Vanneste Daan    | 12 | 2:54.00 S |
| Prog.nr. 20 | 200 wisselslag Heren  | : | Goemaere Cyriel   | 14 | 2:47.79 L  |                  |    |           |
| Prog.nr. 21 | 100 schoolslag Dames  | : | Dumortier Elise   | 13 | 1:25.49 L  | Rombaut Céline   | 12 | 1:23.89 L |
|             |                       |   | Lemahieu Liese    | 12 | 1:21.28 L  | Spillebeen Jutta | 12 | 1:23.18 S |
| Prog.nr. 22 | 1500 vrije slag Heren | : | Piceu Seppe       | 12 | 18:20.38 L |                  |    |           |
| Prog.nr. 23 | 200 rugslag Dames     | : | Decupere Laurence | 12 | 2:41.26 L  | Zephirin Astrid  | 13 | 2:47.97 S |
|             |                       |   | Vervenne Louisa   | 13 | 2:46.35 S  |                  |    |           |

**Sessie 4 - zaterdag 18 juli 2026 - 14:30**

|             |                         |   |                 |    |           |                 |    |           |
|-------------|-------------------------|---|-----------------|----|-----------|-----------------|----|-----------|
| Prog.nr. 24 | 200 wisselslag Heren    | : | De Bal Lucas    | 12 | 2:32.70 S | Vandemaele Egon | 13 | 2:40.02 L |
|             |                         |   | Piceu Seppe     | 12 | 2:28.48 L | Vanneste Daan   | 12 | 2:36.53 L |
| Prog.nr. 26 | 100 vrije slag Heren    | : | Goemaere Cyriel | 14 | 1:08.68 L |                 |    |           |
| Prog.nr. 28 | 100 vrije slag Heren    | : | De Bal Lucas    | 12 | 1:01.61 L | Vandemaele Egon | 13 | 1:04.37 L |
| Prog.nr. 31 | 4 x 100 wisselslag Alle | : | KZK Heren 3     |    |           | 13-14           |    | NT        |

**Sessie 5 - zondag 19 juli 2026 - 08:30**

|             |                         |   |                   |    |            |                  |    |           |
|-------------|-------------------------|---|-------------------|----|------------|------------------|----|-----------|
| Prog.nr. 32 | 400 vrije slag Heren    | : | Olszewski Maxime  | 12 | 4:43.49 S  | Vandemaele Egon  | 13 | 4:56.68 L |
|             |                         |   | Piceu Seppe       | 12 | 4:39.90 L  | Vanneste Daan    | 12 | 4:49.36 L |
| Prog.nr. 33 | 800 vrije slag Dames    | : | Decupere Laurence | 12 | 10:15.16 L |                  |    |           |
| Prog.nr. 34 | 100 vlinderslag Heren   | : | Goemaere Cyriel   | 14 | 1:26.04 L  |                  |    |           |
| Prog.nr. 36 | 100 rugslag Heren       | : | De Bal Lucas      | 12 | 1:11.06 S  | Vandemaele Egon  | 13 | 1:14.84 L |
| Prog.nr. 37 | 200 schoolslag Dames    | : | Dumortier Elise   | 13 | 3:05.75 S  | Rombaut Céline   | 12 | 2:58.58 L |
|             |                         |   | Lemahieu Liese    | 12 | 2:59.33 L  | Spillebeen Jutta | 12 | 3:03.25 S |
| Prog.nr. 38 | 100 schoolslag Heren    | : | De Bal Lucas      | 12 | 1:18.54 S  | Vanneste Daan    | 12 | 1:19.06 S |
|             |                         |   | Vandemaele Egon   | 13 | 1:25.51 S  |                  |    |           |
| Prog.nr. 40 | 4 x 100 vrije slag Alle | : | KZK Gemengd 4     |    |            | 13-14            |    | NT        |

**Sessie 6 - zondag 19 juli 2026 - 14:30**

|             |                         |   |                   |    |           |                  |    |           |
|-------------|-------------------------|---|-------------------|----|-----------|------------------|----|-----------|
| Prog.nr. 41 | 200 wisselslag Dames    | : | Decupere Laurence | 12 | 2:44.83 L | Spillebeen Jutta | 12 | 2:45.25 L |
|             |                         |   | Dumortier Elise   | 13 | 2:48.37 S | Ververne Louisa  | 13 | 2:49.23 S |
|             |                         |   | Lemahieu Liese    | 12 | 2:45.35 S | Zephirin Astrid  | 13 | 2:47.42 S |
|             |                         |   | Rombaut Céline    | 12 | 2:46.27 L |                  |    |           |
| Prog.nr. 42 | 200 vlinderslag Heren   | : | Piceu Seppe       | 12 | 2:27.02 L |                  |    |           |
| Prog.nr. 44 | 100 schoolslag Heren    | : | Goemaere Cyriel   | 14 | 1:23.49 L |                  |    |           |
| Prog.nr. 45 | 100 vrije slag Dames    | : | Decupere Laurence | 12 | 1:05.22 L | Ververne Louisa  | 13 | 1:07.15 L |
|             |                         |   | Dumortier Elise   | 13 | 1:07.79 S | Zephirin Astrid  | 13 | 1:07.60 S |
|             |                         |   | Spillebeen Jutta  | 12 | 1:05.60 L |                  |    |           |
| Prog.nr. 47 | 4 x 100 vrije slag Alle | : | KZK Heren 5       |    |           | 13-14            |    | NT        |
| Prog.nr. 48 | 4 x 100 wisselslag Alle | : | KZK Dames 6       |    |           | 13-14            |    | NT        |