

Programme Open Belgian Championships Swimming (TBD * 27-28-29/05/2016)

Friday 27/05/2016				Saturday 28/05/2016				Sunday 29/05/2016			
Heats	09h00	(warm-up > 07h30 - 08h45)		Heats	09h00	(warm-up > 07h30 - 08h45)		Heats	09h00	(warm-up > 07h30 - 08h45)	
C1	200m	Backstroke	Women	C15	100m	Breaststroke	Women	C29	100m	Free Style	Women
C2	200m	Free Style	Men	C16	100m	Breaststroke	Men	C30	100m	Free Style	Men
C3	800m (#)	Free Style	Women	C17	200m	Butterfly	Women	C31	200m	Breaststroke	Women
C4	400m	Medley	Men	C18	200m	Butterfly	Men	C32	200m	Breaststroke	Men
C5	50m	Butterfly	Women	C19	50m	Free Style	Women	C33	50m	Backstroke	Women
C6	50m	Butterfly	Men	C20	50m	Free Style	Men	C34	50m	Backstroke	Men
C7	50m	Breaststroke	Women	C21	100m	Backstroke	Women	C35	800m (#)	Free Style	Men
C8	50m	Breaststroke	Men	C22	100m	Backstroke	Men	C36	100m	Butterfly	Women
C9	200m	Free Style	Women	C23	400m	Free Style	Women	C37	100m	Butterfly	Men
C10	200m	Backstroke	Men	C24	400m	Free Style	Men	C38	1500m(#)	Free Style	Women
C11	400m	Medley	Women	C25	200m	Medley	Women				
C12	1500m (#)	Free Style	Men	C26	200m	Medley	Men				
800m & 1500m (#) => from 9th - 16th entry time								800m & 1500m (#) => from 9th - 16th entry time			
Break				Break				Break			
Finals (*)	16h00	(warm-up > 14h30 - 15h45)		Finals (*)	16h00	(warm-up > 14h30 - 15h45)		Finals (*)	16h00	(warm-up > 14h30 - 15h45)	
F1 (O&J)	200m	Backstroke	Women	F15 (O&J)	100m	Breaststroke	Women	F29 (O&J)	100m	Free Style	Women
F2 (O&J)	200m	Free Style	Men	F16 (O&J)	100m	Breaststroke	Men	F30 (O&J)	100m	Free Style	Men
F3	800m (*)	Free Style	Women	F17 (O&J)	200m	Butterfly	Women	F31 (O&J)	200m	Breaststroke	Women
F4	400m	Medley	Men	F18 (O&J)	200m	Butterfly	Men	F32 (O&J)	200m	Breaststroke	Men
PODIUM F1-F3				PODIUM F15-F17				PODIUM F29-F31			
F5 (O&J)	50m	Butterfly	Women	F19 (O&J)	50m	Free Style	Women	F33 (O&J)	50m	Backstroke	Women
F6 (O&J)	50m	Butterfly	Men	F20 (O&J)	50m	Free Style	Men	F34 (O&J)	50m	Backstroke	Men
F7 (O&J)	50m	Breaststroke	Women	F21 (O&J)	100m	Backstroke	Women	F35	800m (*)	Free Style	Men
F8 (O&J)	50m	Breaststroke	Men	F22 (O&J)	100m	Backstroke	Men	PODIUM F32-F34			
PODIUM F4-F7				PODIUM F18-F21				F36 (O&J) 100m Butterfly Women			
F9 (O&J)	200m	Free Style	Women	F23	400m	Free Style	Women	F37 (O&J)	100m	Butterfly	Men
F10 (O&J)	200m	Backstroke	Men	F24	400m	Free Style	Men	F38	1500m(*)	Free Style	Women
F11	400m	Medley	Women	F25 (O&J)	200m	Medley	Women	PODIUM F35-F38			
F12	1500m(*)	Free Style	Men	F26 (O&J)	200m	Medley	Men	C 39	4 x 100m	Medley	Men
PODIUM F8-F12				PODIUM F22-F26				C 40 4 x 100m Medley Women			
C13	4 x 100m	Free Style	Women	C27	4 x 200m	Free Style	Women	PODIUM C39-C40			
C14	4 x 100m	Free Style	Men	C28	4 x 200m	Free Style	Men				
PODIUM C13-C14				PODIUM C27-28				800m & 1500m (*) = 1st - 8th entry time			
800m & 1500m (*) = 1st - 8th entry time											



(*) **FINALS OPEN** Best 8 times of ALL age categories (with max. 2 foreign athletes)
YOUTH/JEU Best 8 times of YOUTH category (Boys 17-18y & younger / Girls 15-16y & younger, which are not swimming the OPEN final / with max. 2 foreign athl.)
 The "OPEN" final is always swum before the "YOUTH" final. La finale "OPEN" sera toujours nagé avant la finale "JEU". De finale "OPEN" wordt steeds eerst gezwommen.

Event Limit Times Open Belgian Championships Swimming (TBD * 27-28-29/05/2016)

		Women	Men
50m	Free	0.28.44	0.25.37
100m	Free	1.01.23	0.55.00
200m	Free	2.14.53	2.03.14
400m	Free	4.41.97	4.24.97
800m	Free	9.38.94	8.56.27
1500m	Free	19.12.86	17.02.25
50m	Backstroke	0.33.23	0.30.07
100m	Backstroke	1.10.89	1.03.80
200m	Backstroke	2.32.49	2.22.38
50m	Breaststroke	0.37.38	0.32.88
100m	Breaststroke	1.20.58	1.12.70
200m	Breaststroke	2.54.32	2.41.15
50m	Butterfly	0.30.98	0.27.33
100m	Butterfly	1.09.40	1.01.65
200m	Butterfly	2.44.50	2.26.62
200m	Ind Medley	2.34.89	2.20.62
400m	Ind Medley	5.30.50	4.59.24
4x100m	Free	1 team/club	1 team/club
4x200m	Free	1 team/club	1 team/club
4x100m	Medley	1 team/club	1 team/club

De limiettijden moeten op de dag van de competitie gezwommen worden. Elke overschrijding van de limiettijd zal beboet worden.

Les temps limites doivent être réalisés le jour même de la compétition. Chaque dépassement de temps limite sera pénalisé d'une amende.

The event limit times must be achieved on the day of the competition. Any exceeding of the event limit time will be fined.

