

Limiettijden VK 2016

HEREN	15 jaar	16 jaar	17 jaar	18 jaar	19+ jaar
50m vrije slag	00:29,0	00:28,0	00:27,5	00:26,5	00:26,0
100m vrije slag	01:04,0	01:02,0	01:00,0	00:58,0	00:57,5
200m vrije slag	02:19,5	02:15,5	02:11,0	02:07,0	02:05,5
400m vrije slag	04:57,5	04:48,5	04:39,5	04:30,5	04:28,0
800m vrije slag	10:28,0	10:09,0	09:50,5	09:31,5	09:25,0
1500m vrije slag	19:47,0	19:11,5	18:36,0	18:00,0	17:48,5
50m schoolslag	00:37,0	00:36,0	00:35,0	00:33,5	00:33,5
100m schoolslag	01:20,5	01:18,0	01:15,5	01:13,5	01:12,5
200m schoolslag	02:54,0	02:49,0	02:43,5	02:38,5	02:36,5
50m vlinderslag	00:31,0	00:30,0	00:29,0	00:28,0	00:28,0
100m vlinderslag	01:08,5	01:06,5	01:04,5	01:02,5	01:01,5
200m vlinderslag	02:33,5	02:29,0	02:24,5	02:19,5	02:18,0
50m rugslag	00:33,5	00:32,5	00:31,5	00:30,5	00:30,0
100m rugslag	01:12,0	01:10,0	01:07,5	01:05,5	01:05,0
200m rugslag	02:35,5	02:31,0	02:26,0	02:21,5	02:20,0
200m wisselslag	02:37,5	02:33,0	02:28,0	02:23,5	02:21,5
400m wisselslag	05:32,5	05:22,5	05:12,5	05:02,5	05:59,0

DAMES	15 jaar	16 jaar	17 jaar	18 jaar	19+ jaar
50m vrije slag	00:31,5	00:30,5	00:29,5	00:28,5	00:28,5
100m vrije slag	01:08,0	01:06,0	01:04,0	01:02,0	01:01,0
200m vrije slag	02:27,5	02:23,0	02:18,5	02:14,0	02:13,0
400m vrije slag	05:11,5	05:02,0	04:53,0	04:43,5	04:40,5
800m vrije slag	10:42,0	10:22,5	10:03,5	09:44,0	09:38,0
1500m vrije slag	20:33,0	19:56,0	19:19,0	18:42,0	18:29,5
50m schoolslag	00:39,5	00:38,5	00:37,0	00:36,0	00:35,5
100m schoolslag	01:25,5	01:23,0	01:20,5	01:18,0	01:17,0
200m schoolslag	03:05,0	02:59,5	02:54,0	02:48,5	02:46,5
50m vlinderslag	00:33,5	00:32,5	00:31,5	00:30,5	00:30,0
100m vlinderslag	01:14,0	01:12,0	01:09,5	01:07,5	01:06,5
200m vlinderslag	02:43,0	02:38,0	02:33,0	02:28,5	02:26,5
50m rugslag	00:35,5	00:34,5	00:33,5	00:32,5	00:32,0
100m rugslag	01:17,0	01:14,5	01:12,5	01:10,0	01:09,5
200m rugslag	02:44,0	02:39,0	02:34,0	02:29,0	02:27,5
200m wisselslag	02:47,0	02:42,0	02:37,0	02:32,0	02:30,5
400m wisselslag	05:53,5	05:43,0	05:32,5	05:21,5	05:18,0